

=== WHAT DO WE WANT IN OUR RELATIONSHIP? ===

If you are doing this together:

0. Take two copies of this questionnaire
1. Fill out questionnaire separate from another to assess own boundaries, dreams and hopes
 - mark boxes like so to indicate your interest or agreement
 - you will also need a symbol to indicate that you are not sure, be creative =)
 - feel free to clutter the paper with additional notes or add more options!
2. Then be courageous, share your copy with one another, and look at them together.
 - evaluate your common ground, see where you have mutual interests and where they differ
 - talk about what you mean, be aware that your understanding of words may differ

If you are not doing this together this may still aide as a guide for individual reflection.

- think about the other person. what can you give, and what do you wish and hope for?
- do you feel ready to be vulnerable and open up to the other person? if so, tell them.

[you will realize the value of this questionable questionnaire does not result from checking boxes, but from making visible what is not, and talking about it.]

Physical Intimacy:

- [consider that not all people are cisgender. also, bodies are diverse beyond a binary. sex is much more than PIV. also, people may be (fully or partially) asexual.]
- sleeping next to each other
 - cuddliiiiiii
 - letting our lips cuddle with each other
 - dancing together
 - erotic fondling
 - lying on top of each other
 - shedding tears together
 - letting our hands cuddle with each other
 - fluid bonding
 - playing with sex toys
 - mutual or simultaneous masturbation
 - scissoring (genital-genital rubbing) naked or with our pants on
 - kinky interaction
 - vanilla sex like in the biology book
 - pillows vegetables mammary intercourse PIV anal oral nasal footjob

Motivation and Intent:

- [the basic intent of the universe is always 42 and having a good time
[most things can be done with friends too, the difference is how it feels]
- i just feel happy and warm around you
 - i just feel enthusiastic and curious about you
 - i am totally under influence of infatuation
 - my elders have approved our marriage
 - it fills me with joy to know that spaceship mother earth grows flowers like you
 - you are awesome
 - you want my love, you want my heart and we will never ever ever be apart. and i was like babybabybaby ohh, like babybabybaby noo, i thought you'd always be mine. ♪
 - you are the divine wisdom, you are the bestower of all resources
 - exploring mutual interests
 - exploring the world together
 - sharing a common path with someone to grow together
 - sharing physical intimacy (if ONLY this, consider casual physical intimacy)
 - learning from each other (if ONLY this, admiration alone is unstable foundation)
 - raising kids (consider that commitment to kids should be independent of a relationship!)
 - i need to find my better half to become whole
 - i want to find my one and only true love for life
 - i am an adherent to the scarcity model of love and will cling to anything
 - i need an escort to impress my parents
 - we are a couple looking for a third one to be our unicorn
 - i would like to marry you to get a passport

Commitment:

- A. for me being in a committed relationship means..
- to commit to share things you need to know to have a basis for informed consent
 - to commit to honest, direct communication of what i can (not) give and what i wish for
 - to also commit to my own health, stability and well-being
 - to meet my partners with gratitude rather than expectation
 - to remember to ask myself why i want to be in a relationship and not take it for granted
 - to value the agreements we negotiate, and to be open for evaluation and renegotiation
 - please sign here, here and here, and then its all settled and done
 - to feel enthusiastic and curious about growing together
 - to see each other regularly (as time and space allows)
 - to commit to leave all the time and space that is needed when its needed
 - to support each other in troubled times through stormy tides
 - कभी खुशी कभी गम
 - cyanoacrylate
 - to acknowledge relationships end or transition, and to commit to empathy in the process
 - to acknowledge that the people in a relationship are more important than the relationship
 - to acknowledge that no two plants grow the same, and people can not be replaced by others
 - riding up the relationship escalator all the way to the top
 - to ensure to not confuse my own life with their life
 - to ensure to stay below my polysaturation level to avoid polyboilover
- B. thinking about the two of us specifically..
- fuck yes, i wish to commit to a relationship with you as defined above
 - i can not currently imagine being in a committed relationship
 - i feel enthusiastic about you, but the circumstances make me hesitant
 - sometimes enthusiasm overcomes me, but i am unsure and need to get to know you better
 - i love our time together whenever it happens, i do not wish for any commitment

Polysaturation:

- [it makes sense to leave a buffer free and stay under your polysaturation level
[to allow for enough room for personal fluctuations or future relationship growth]
- currently i am in ____ committed relationships #awesomeppl
currently i would want at most ____ committed relationships #polysatlvl
to avoid polysaturation i want to leave a buffer of ____ free #buffer
thus i have room for ____ committed relationships (= #polysatlvl - #awesomeppl - #buffer)
- i make sure to have enough time for myself and the things i like to do
 - i am monoamorous (#polysatlvl 0 or 1)
 - i am currently in stormy times of development (#polysatlvl reduced, ensure #buffer)
 - my life situation is likely to remain more or less stable
 - thought of another relationship leaves me more exhausted than excited (polysaturation)
 - i tend to disregard my polysaturation and drop partners in favor of 'better' ones
 - i am always open for noncommitted relationships and communicate the difference clearly

Exclusivity vs. Autonomy:

- exclusive (monoamory for life)
- exclusive (serial monoamory)
- monoamory with affairs (don't ask, don't tell)
- mono/poly (we trust each other, cant change each other, won't treat metamours as things)
- open relationship (primary relationship with static hierarchy and rules for secondaries)
- polyamory (organic trust-based relationships)

Hierarchies and Rules:

- my boundaries concern what i want to consent to, not what others are allowed to consent to
- i need you to be my primary partner and to treat all your other partners as secondary
- i need you to be ok to be secondary and that my partner has a veto in our relationship
- i feel happy when you are happy with others
- i make a distinction between you feeling happy with others and me feeling sad without you
- if rules serve fear instead of people, the rules should be abandoned
- i feel its better to be open to beauty instead of expecting it
- i prefer relationships to grow and change organically, without imposing static hierarchy
- i wish for trust to grow between us, not static rules to stand between us
- negotiating agreements, i want us to consider interests of everyone involved, not just us
- myself being in a static hierarchy is not something i personally can consent to
- imposing static hierarchy on others is not something i personally can consent to

Maximum Potential Duration:

- only for today/tonight ("no commitment intended")
- until a fixed deadline ("i will move in one year")
- i have no idea where i will be in a year
- i have settled in this place, lets see how we may grow

We Time:

- like a comet (very rarely when our orbits occasionally coincide)
- as it happens (no planning)
- as frequent as our long distance relationship allows
- on average i can offer ___ to ___ times per week / month for the two of us
- every now and then i can offer days on the weekend for the two of us
- every now and then we can also spend time together with our other partners
- i need to see you every. single. day.
- you occupy every breath of mine, my whole life shall be under your shadow

Space Together, Space To Gather and Shared Centers of Life:

- not living together with someone doesn't mean they are less significant to me
- we can meet at my place, just the two of us
- we can meet outside and have fun and adventures together
- if you live with another partner, i sometimes want to meet you at your home
- i would like to go to public events with you
- i would like to meet friends with you
- i would love to travel with you sometimes
- i would like to live just with you in cohabitation
- i would like to live in a commune with all of my partners
- meet me at the docks at 4 am, i'll be wearing a pink bow tie
- i sometimes want to go out as a group with some of our other partners
- i would like to go to family meetings with you
- i really want to build a house with you
- i would like to share a household with you
- i need to pass on my genes with you
- everyone is having a baby, so we need too
- i would greatly appreciate your wisdom and trust in committing to raise children with me
- i want to share my finances with you
- ultimate satisfaction lies only at the top of the relationship escalator

Outward Appearance:

- [may be different for each target group, e.g. towards family, friends, coworkers etc]
- [polyamory is not yet a protected status, some people can not be out in some circles]
- as a monogamous couple
- as the primary relationship
- as partners
- as loving ones
- as an affair
- as coworkers
- as good friends

LOVE WITH CURIOSITY, COMPASSION, COMPERSION. LOVE RESPONSIBLY <3